

Peace be with you

One of the greatest gifts God gives us is his peace. Many of us have heard the saying “Peace of the Lord be with you.” What a comforting thought. What an incredible gift. What does God’s peace mean to us? It means that we can rest assured, in the big times and small times, in the good times and bad times that the calming presence of God is with us. It surrounds us, buffering us from the imperfections of the world, blessing us in times of happiness, and connecting us to God. How can we best receive this gift? We can embrace it rather than resist it. We can seek to reflect God’s peace in how we carry ourselves, how we react to situations, and how we interact with others. By simply striving to demonstrate God’s peace in our daily lives, we can seek to share this great gift.

May you go in peace this week to love and serve the Lord.