

## **How to Have a Quiet Time (Part 3)**

by Rick Warren (adapted by M. Nisbet)

The location where you have your quiet time is also important. **Choose a special place.** The Bible indicates that Abraham had a regular place where he met with God (Genesis 19:27). Jesus had a custom of praying in the garden of Gethsemane on the Mount of Olives. (Luke 22:39).

Your place ought to be **a secluded place, where you can be alone, where it's quiet, and where you will not be disturbed or interrupted.** In today's noisy Western World, this may take some ingenuity, but it is necessary. It ought to be a place –

- **where you can pray aloud without disturbing others;**
- **where you have good lighting for reading** (a desk, perhaps);
- **where you are comfortable.** (WARNING: Bed is too comfortable!)
- **your quiet time can even be part of a walk or other activity** in which the mind is free to worship. I'm reminded of my great grandmother, 100 or more years ago, who used to churn butter with one hand and hold her Bible with the other as she studied. (Story added by Meredith Nisbet)

**Wherever you decide to meet with the Lord, as the days go by, it will come to be sacred to you because this is where you meet with the living God.** Where you meet the Lord can be just as holy as the place where Abraham met God. You don't have to be in a church building. People have had their quiet times in their cars parked in a quiet place, in an empty closet at home, in their backyards, and even in a baseball dugout. Each of these places has become sacred to them.

---